



## BAKED ACORN SQUASH WITH APPLE STUFFING (OR YOUR CHOICE OF STUFFING)

MEDIUM ACORN SQUASH  
2 SMALL GRANNY SMITH APPLES  
½ CUP CHOPPED CELERY  
½ CUP CHOPPED ONIONS  
4 TABLESPOONS BUTTER  
SALT AND PEPPER TO TASTE

PREHEAT OVEN TO 400 DEGREES.

CUT SQUASH IN HALF. REMOVE SEEDS. PLACE CUT SIDE DOWN ON BAKING SHEET SPRAYED WITH VEGETABLE SPRAY.

BAKE SQUASH ABOUT 45 MINUTES OR UNTIL TENDER. REMOVE FROM OVEN.

WHILE SQUASH IS BAKING, COMBINE APPLES, CELERY AND ONIONS. ADD BUTTER AND SAUTE FOR A FEW MINUTES. SET ASIDE.

FILL BAKED SQUASH WITH APPLE MIXTURE.

I LIKE TO ADD SAUTED TOFU AND MANDARIN ORANGES, RAISINS, AND PINE NUTS TO THE APPLE MIXTURE ... JUST A FEW OF MY FAVORITE INGREDIENTS.

